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**Atlas of Health Inequalities in Europe**

**User Manual**

**Technical document**
Equity in Health

Inequalities in Health System Performance and Their Social Determinants in Europe - Tools for Assessment and Information Sharing

Atlas of Health Inequalities in Europe

User Manual

WORLD HEALTH ORGANIZATION

Regional Office for Europe

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Part – I: Introduction

1.1 Context of the Manual

Inequalities (i) in health are increasing in Europe. They exist between population groups within the same country and between countries across the European region. These inequalities lead to increased vulnerabilities in populations as well as increased differences in health behaviours and outcomes between population groups (whether measured by education, income, or employment). At the same time, there is a trend in a number of countries to devolve more responsibility for health systems to the regional level.

As a result, there is increased demand by policy makers for knowledge on the options for addressing socially determined health inequalities. In particular how health system policies and their outcomes in various settings impact on inequalities and actions that can be taken to improve health equity. This requires not only the systematic collection and analysis of good policy examples across Europe and an assessment of their applicability to various contexts but also to making the information available in a form that supports systematic uptake and application of the learning – know how. However, routine information required to monitor and assess health inequalities, such as social determinants of health, intermediate health determinants, population health outcomes and on the associations and pathways that explain those variations, is rarely available in a user-friendly way for decision makers.

In response, WHO Regional Office for Europe (WHO/Europe) and the European Union (DG-SANCO) formed a partnership in 2007 to develop the project Inequalities in Health system Performance and their Social Determinants in Europe – Tools for Assessment and Information Sharing (with special focus on the EU and EFTA-EEA countries within a broader WHO European Region framework), a joint WHO-European Commission action (2006WHO03).

One of the main goals of the project is to improve availability of and access to evidence on inequalities in health system performance, including quality of care and
the structural determinants of such inequalities across countries and regions in Europe. In general, the project is looking at the distribution and association of social health determinants and health outcomes indicators and takes the pragmatic view of maximizing the use of publicly accessible Eurostat data by sub-national geographic units and defined population groups.

The project aims to improve insight into the regional dimension of social inequalities in health across counties (regions) in addition to the country dimension. In this way, the power of international comparisons at the country level is enhanced by comparisons at the regional level. Studies have also indicated that patterns and trends of regional socioeconomic development differ, at times very considerably, from those at the country level. In addition, the project intends to increase awareness and responsibility to tackle the health implications of inequalities in policies at different levels. In particular, it aims to increase the engagement of the public and the media in the dialogue with health policy. A third objective of the project is to provide a feasible model of regular monitoring and assessment of the magnitude of social inequalities in health and the impact of the relevant policies, interventions and services.

To meet those purposes, several interactive atlases have been developed with publicly available data from Eurostat databases (more details on the process and creation of a new database is given in a separate document). The geographical unit of analysis has been mostly the second level national administrative territorial units (also know as NUTS2) or regions, except in circumstances where no health outcome data were available at such level, in which cases NUTS1 or national level data were used.

The variables displayed in these atlases cover demographic, social, economic, health status and health system resources categories, including more than 890 individual indicators. In total there are 281 geographical regions that allow comparisons for different country subgroups (e.g. EU vs. Non-EU countries) or for regions within individual countries.

The use of atlases and maps has been increasing in the public health field. Interactive functions, clickable maps, charts and tables, among other features, provide user friendly tools that make it easier to understand public health data. In this regards, the *Atlas of health inequalities in Europe* presented here represents a tool for assessment.
of the relative importance of health system and the social determinants on health outcomes. It is also an information sharing tool explaining regional gradients of social inequalities in health.

The following interactive atlases have been developed for the project:

- **Descriptive and correlation analysis atlas** that allows a quick visualization and analysis of one or two variables in separate maps. Their association is further described and analysed in a graph. This atlas provides the opportunity for exploring distributions and identifying patterns of health indicators. Links to additional resources allow further analysis for the interpretation of the data.

- **Atlases of social inequalities** allow visualization of differences in composite social health inequality indicators between the target value and the value in a region or group of regions. The target value is the population weighted average of the most advantaged quintile of the region. Differences between this target and the individual region are shown as absolute differences (area target differences) or as relative differences (area target ratios).

- **Regional Profile Comparison atlas** allows quick comparison of several key indicators between a limited numbers of regions.

These atlases have different indicators according to their themes. The detailed list of NUTS level 2 regions is available in **Annex 2** whereas the list of indicators can be found in **Annex 3**. An additional annex also provides information on sources of data and metadata (**Annex 1**). This manual explains different available Atlases. The interactive map of selected health related indicators is available for sub national level (NUTS level 2) and covers the following dimensions:

- Structural determinants (e.g. disposable income, GDP)
- Intermediary determinants (e.g. health care resources such as physicians or hospital beds)
- Health outcomes (e.g. mortality and hospitalization rates) and
- Statistical associations between above categories
1.2 Primary Purpose of the Manual

The main objective of this user manual is to facilitate the effective utilization of the interactive atlas to describe and analyse statistical data and information relevant to equity in health.

1.3 Intended User of the Manual

This manual is targeting public health professionals, policy makers and researchers to facilitate health situation analysis and does not intent to be a substitute for the detailed development and generic user manual of the underlying InstantAtlas software (which is available through the Help button).

1.4 System Requirements

The interactive maps are created using InstantAtlas™ from Geowise. To view the interactive atlases you need Adobe Flash add-on to your Internet browser and PDF reader to view documents in PDF format.

The best way to check Adobe Flash add-on to your browser is by clicking on the link for atlas from the menu. After clicking on the atlas link, if you do not get an atlas appearing then the most likely cause of the problem is that you do not have the Adobe Flash Player (Ver.8 or higher) installed.

You can test your browser support for Flash add-on by clicking on the Adobe Flash version test page [http://kb2.adobe.com/cps/155/tn_15507.html]. If you need to install the free Adobe Flash Player 'plug-in' then you can download it from the Adobe website [http://get.adobe.com/flashplayer]. You can download and install free Adobe Reader from [http://get.adobe.com/reader]. If you have any problems doing this please read the Help associated with this page.
Please be patient. Loading and re-loading after changes can take a few moments and it is not always obvious that the tool is still active!

We would welcome any comments and suggestions about these Interactive Atlases. Please address them to Division of Information, Evidence, Research and Innovation [HIUData@euro.who.int].
When you open any Interactive Atlas available at WHO/Europe (e.g. the Descriptive and Correlation Analysis Atlas Map), the interface looks similar to the image displayed below with different windows and functions components (Figure 1). The full page is also referred to as the Report.

**Figure 1: Correlation atlas map window**

This interface shows the following elements:

1. Title
2. Buttons
3. Map/Graph Legend
4. Map
5. Data Table
6. Chart

### 2.1 Title

This element shows the selected/displayed indicator. By default, the first indicator available in the Data or Filter buttons (described below) is shown. When another one of the list is selected it changes accordingly.
2.2 **Buttons**

When clicking on a **Data** or **Filter** button, a drop down menu in list form is displayed. The arrow signs (►) indicate further sub division of the list and clicking on them will open each list which may be on Data/Indicators or Filter/regions. To collapse or close the subdivision list, click on this arrow sign again. A click on the (+) or (−) signs at the bottom of the window will expand or collapse the whole list.

Moreover, by clicking on an indicator or region in the list modifies the report display. Only one variable may be displayed in a map at a time (with up to two maps depending on the type of Atlas).

By clicking on the **Help** button, it will display a webpage showing handy tips on using the **Report**. Once the help window is opened, you can click on the section (of your interest) to jump directly to it.

2.3 **Legend**

The **Legend** provides information about the way the data values from an indicator are organized or classified. Try moving your mouse over the data and maps and click on some of the buttons. You can toggle your contextual geographies by clicking the checkboxes in the legend as well as toggle the data and filter menu.

Once you load the Atlas Map, the legend is displayed below the **Data** and **Filter** buttons (**Figure 2**). You can change the legend settings by clicking on the **Legend Setting** icon.

![Figure 2: Legend properties](image-url)
The legend settings will allow you to do the following:

- Change the border colour of the geographic regions
- Adjust map layer transparency (point symbol sizes, when available)
- Choose colour palettes; reverse the palette
- Apply a continuous or a divergent shading scheme
- Increase/decrease the number of classes
- Choose data classifiers: default is quintile (5 by default for ease of interpretation) but equal interval, natural break, continuous and standard deviation are also available. However, these other classifiers are not used in the subsequent analyses in this project.

Once you change these settings, the colour of map and legend changes instantly. The boxes ☐ or ☐ refer either to the country boundaries or rectangle highlighting the overseas departments and territories of France. Checking on them will show these features, while they disappear when un-checked.

2.4 Map

The Atlas Map window shows the geographic areas (e.g. the regions) of countries, which are based mostly on NUTS level 2 classification\(^*\). The Map also displays shades of colours representing values from selected indicators: this is called thematic shading. By default region values are classified into quintiles as described above. Change the classification and colour properties in the Legend and see the difference.

\(^*\) The Nomenclature of Territorial Units for Statistics or Nomenclature of Units for Territorial Statistics, (NUTS, after the French nomenclature d'unités territoriales statistiques) is a geocode standard for referencing the subdivisions of countries for statistical purposes. The standard is developed and regulated by the European Union, and thus only covers the member states of the EU in detail. Source: [http://en.wikipedia.org/wiki/Nomenclature_of_Territorial_Units_for_Statistics](http://en.wikipedia.org/wiki/Nomenclature_of_Territorial_Units_for_Statistics), accessed 4 August 2010
Also, if you move the cursor over the regions in the Map in any of the Atlases you will read their country and region code, name and value of the selected indicator. If you know a region but do not know where it is, you may scroll the table and moving the cursor over the name will show the specific location, highlighting the region.

Sometimes, visualization of certain areas in a full Map is difficult and you may want to see more details. You can achieve that by using the zooming tool, which is located on the top left corner of the Map. Click on Zoom In +, Zoom Out – or Zoom Full icons to change the zoom to geographic features in the Map. Note that this procedure will not change the legend as when doing a selection (see Section 3.3 on Filter button below).

2.5 Tables

Once you select an indicator from the Data button, the data Tables will display the name of the geographical regions, selected indicator values according to either Maps 1 or 2, and Notes ( ) and Magnifying glass icons ( ).

2.6 Charts

Charts allow further analysis of information from selected indicators either in the form of a scatter plot, a bar graph, a pie chart or a spine graph. The first of two variables is used in the descriptive and correlation analysis atlas, the second displays
health data by socioeconomic group in the atlases of social health inequalities, and the second, third and fourth show indicator grouping distributions in the Regional Profile Comparison atlas. They will be described in more detail in the context of the respective atlas section.

For other generic window functions that modify the appearance of Legend, Map, Table or Chart components, that allow further filtering or printing or exporting the report outputs, please see Part – VI (on page 40 of this manual).
Part – III: Descriptive and Correlation Analysis Atlas

The descriptive and correlation analysis atlas allows the visualization of one or two variables in maps at a time together with a correlation analysis. In addition, the comparison of regions is also possible. After clicking on the link available for this type of atlas, an active window will open in a new browser page as shown in Figure 4. The default view displays the regional distribution of female life expectancy at birth; you will be able to change the indicator as you wish.

Figure 4: Descriptive and correlation analysis atlas report

3.1 Data Button

Once you click on it, the Data button lists the available themes (Figure 5): e.g. Life expectancy, Standardized death rates by sex and age group and Indicators e.g. At birth – Females. Clicking on the indicator will load new data.
Clicking on the themes, such as *life expectancy*, will display all the sub-groups available for the atlas (shown in Figure 6). You can do the same with other themes to see the available indicators.

For illustration purposes, we will be taking one indicator, *life expectancy at birth among males*, and discuss in the following sections. The display shows a regional distribution with longer life expectancy in certain northern and south eastern areas and in the south of the United Kingdom. To highlight them, move the cursor over the highest value in the legend or click on the colour box; this action may be cancelled by clicking again. Now, clicking on the notes icon for life expectancy *At birth – Males* will display a PDF formatted one page summary about the selected indicator, as shown in Figure 7 (the file opens in an external window, for which you need Acrobat Reader or relevant programme to open PDF files). The one page summary (e.g. life expectancy at birth for males) shows additional statistical information about the data distribution and availability.

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*Health Inequalities in Europe: Interactive Atlas User Manual*

*WHO-EC Equity in Health Project*
In the above figure, the table summarizes the descriptive statistics about the indicator:

- **N**: number of regions with available data
- **Min**: minimum value
- **Max**: maximum value
- **Median**: median value
- **Q1**: first quartile; cuts off lowest 25% of data
- **Q3**: third quartile; cuts off lowest 75% of data
- **IQR**: Inter Quartile Range = Q3 – Q1
- **Q1 – 3*IQR**: outlier; the value lies 3.0 times inter quartile range below first quartile
- **Q1 – 1.5*IQR**: suspected outlier; the value lies 1.5 times inter quartile range below first quartile
- **Q3+1.5*IQR**: suspected outlier; the value lies between 1.5 times and 3.0 times the inter quartile range above third quartile
- **Q3+3*IQR**: outlier; the value lies more than 3.0 times inter quartile range above third quartile
- **Mean**: mean value
- **SD**: Standard Deviation
Included in the summary, you will find a box plot (Figure 8) further describing the statistical distribution of the indicator. The box plot shows the position of 7 of 10 descriptive statements mentioned above.

**Figure 8: Box plot explanation**

Max = 80.20
Q3 = 78.50
Median = 77.40
Q1 = 75.70

*Suspected outliers* \(^2\)

\[
[Q1–3*IQR ≤ x < Q1–1.5*IQR \text{ or } Q1+1.5*IQR < x ≤ Q3+3*IQR]
\]

E.g. Mazowieckie (PL12) = 71.40; Wielkopolskie (PL41) = 71.40, ‘Eszak-Magyarország (HU31) = 67.60

*Outliers* [Q1–3*IQR < x > Q3+3*IQR]

E.g. Outliers are: Estonia (EE) = 67.20; Latvia (LV) = 65.80; Lithuania (LT) = 64.80.

Min = 64.80

In the example above, the box plot does not have the values that are greater than Q3+1.5*IQR or Q1+3*IQR. In addition, you will see a bar diagram with colour codes adjacent to the box plot; this is the legend for the thematic map showing indicator value ranges.

\(^2\) Outliers and suspected outliers in this context refers to data that are showing extreme values according to a given “expected” distribution and not that the data are “false” or “poor quality”.
**Data availability** (in the form of a histogram) by yearly periods is also shown in the summary page (Figure 9).

In the given time histogram, 60% of regions have data (life expectancy at birth for males) available for the year 2007, around 40% for 2006 and <1% for 2003.

Likewise, click on the notes icon for other indicators (e.g. Income >> GDP at current market prices – EUR/inhabitant) and see the one page summary as explained earlier; try to interpret the box plot and time histogram.

Annex 3 of this manual lists all indicators in the atlas system.

### 3.2 The Use of Two Maps and Correlation of Indicators

As indicated before, you are able to visualize two different indicators and how they relate to each other in the descriptive and correlation analysis atlas. The value of the indicator selected from **Data Button** (top) will be displayed in the **Map** on the top, whereas values of the selected indicator from **Data Button** (bottom) will display on the bottom **Map**. In this example, for the top map choose the per capita disposable household income (adjusted for purchase parity), and for the bottom one, the life expectancy at birth for both sexes combined (colour has been changed from the default to allow improved comparisons). As shown below in Figure 10, you will be able to see the regional distribution of both indicators side by side and also notice how the data are correlated. Geographical patterns show that the 20% richest regions (highlighted in orange) tend to be in the centre and northern areas, while life expectancy increases towards the south east; however, given the number of regions and colours it is difficult to determine how they are related in the Map. The
correlation chart of the atlas on the lower right corner of the report provides such information. The scatter plot shows a strong positive relationship (Pearson’s correlation coefficient $r = 0.73$) which is nonlinear; the slope is steep initially and starts to wane after €10,000.

Figure 10: Correlation/use of two maps

3.3 Filter Button

You may be further interested in analysing the situation of only a single country or a group of countries; to allow this, you need filter tools. The Filter button lists available filters (or subset selection possibilities) and their values; follow the example below.

Figure 11: Filter explorer – correlation map

Click on the Filter button to display the list in Figure 11. To select the geographic regions of the 12 newer EU Member States (since 2004 or 2007), choose EU-12 (EU 15 or 12 >> EU-12). Once the filter is applied, the Title will show its name, e.g. Life expectancy >> At birth – both sexes >> Filter: EU 15 or 12 >> EU-12 and the Map will also display data for the selected geographic regions.
If you apply the filter at another level selecting an individual country, e.g. Austria (AT), the view will zoom in and display the data for this country only. You can eliminate the filter and return to the original status by clicking on **Remove Filter**.

**How does the filter work?**

Once you apply the filter to the data, the dynamic report will instantly select and display the specific values in the **Map, Data Tables** and **Charts**. Try to apply some filters on the data to observe how dynamic reports display new values.

**Figure 10** shows the atlas map without filter: there is a positive relationship between life expectancy at birth (both sexes) and disposable income per capita. When you apply the filter **EU 15 or 12 >> EU-12**, the dynamic reports look like **Figure 12** while the correlation coefficient is still positive but the relationship is weaker \((r = 0.56)\). In addition, there are large regional differences in life expectancy of nearly 8 years while income varies by nearly €9,000 indicating important disparities among regions of EU–12 countries.

**Figure 12: Correlation atlas map with EU-12 filter**

If you change the filter to **EU–15**, you will find the dynamic reports as shown in **Figure 13**. In this case, the distribution is different showing some clustering of regions of EU–15 countries; the correlation coefficient changes to 0.28, indicating weaker positive linear association.
3.4 Data Tables

Once you select an indicator from the **Data Button**, the data **Tables** will display the name of the geographic regions, selected indicator values according to either map 1 or 2, and Notes and Magnifying glass icons.

Once you select and apply a filter (e.g. selecting AT), by clicking on a region in the data **Tables** (e.g. AT11-Burgenland), the geographical area (AT11-Burgenland) will be automatically highlighted. Placing your mouse pointer over the geographical area will display the name of region along with its selected indicator value (**Figure 14**), one for each map. If needed, vertical scroll bars are also available if data cannot be viewed within the table dimensions.
When selecting one sub-region or country, note that the legend applies only to the selected areas (it is modified accordingly).

Selection of Geographic Areas

1. Click the name of the geographic regions to select the area. A selected geographic area will be shaded. Alternatively, moving the mouse cursor over a region in a map window displays its name and clicking on it will select and change temporarily its colour (orange by default). The selected region is also shown in the table with shaded colour.

The table display may be adjusted for different column width and order.

2. Hold your mouse pointer over the divider between column’s headers and lateral arrows will appear. Click and drag the divider to adjust the column width.

3. Click a column header to sort the tables in ascending ▲ or descending ▼ order. You can sort columns with names (text) as well as data (numbers).

Magnifying Geographical Area

4. Click on the magnifying glass icon displayed on the left side of geographic area to zoom to the selected area in the map.

Clicking on Notes icon will automatically display the portrait (a brief profile) of the respective region (Figure 15).
The link redirects to the webpage of the selected region that is provided by Eurostat. This webpage provides further information on geography and history, population, employment, etc. of this selected region.

**Figure 15: Portrait of the regions**

The above example shows the portrait of the NUTS 2 region – Burgenland in Austria.

### 3.5 Additional Functions in the Scatter Plot

As shown before, once you choose a couple of indicators and apply a filter (if any), the atlas system will instantly produce a scatter plot, showing indicator values on each axis (**Figure 16**). In the example given below, you can see the data from **Data** button – on top (**Income >> Disposable household income, net (uses) – PPS based on final consumption per inhabitant**) is displayed in **X-axis** where as data from **Data** button – at the bottom (**Life expectancy >> At birth – males**) is displayed in **Y-axis**.
The above graph shows the positive association between life expectancy (male) and disposable household income. If you do point the mouse over the dots of the scatter plot, it will display the name (e.g. FR3-Nord Pas de Calais) and values for each indicator (x=13.513,4, y=74) of the selected geographic region.

In addition, you will find statistical information about the scatter plot which is displayed as the title of the graph (in the example, Pearson’s correlation coefficient \(r = 0.74\), \(r\)-squared = 0.55 and the regression equation = \(y=0.0x + 69.24\)).

If needed, you can select more than one value or region in the scatter plot. For this you need to do the following:

- Put the mouse cursor over the scatter plot
- Click the left mouse button, hold and the drag mouse pointer over the values that you would like to select, as shown in Figure 17(a). The selected values will be instantly highlighted

If you want to select individual values, click on the value then hold down Ctrl Key and keep on clicking the values that you want to select. Moreover, if you want to select values from different locations of the scatter plot, you can do that, too. Repeat
the steps mentioned for Figure 17(a) then hold down Ctrl Key and select the values by holding and dragging mouse pointer as shown in Figure 17(b).

Figure 17: Selection of values in a scatter plot

(a)

(b)

Figure 18: Selection of multiple values in a scatter plot

Once you select the values from the scatter plot, the regions in data Tables as well as in the Map will instantly be highlighted (Figure 18).
The reports of the social health inequalities atlases include a single Map, Table and Chart providing a multi-faceted view of a specific composite indicator. They allow further exploring social health inequality patterns (e.g. as expressed by health outcome indicators) while taking into account different socioeconomic status perspectives (e.g. income, education and employment). Furthermore, these maps allow visualization of the difference between the variable for a region or group of regions and a target value (i.e. that of the most favourable situation, which may be considered an “attainable horizon”).

4.1 Calculation of Composite Indicators

To determine inequalities in health status and resources due to socioeconomic inequalities, composite indicators of social health inequalities are calculated according to the following algorithm:

1. First, the regions are sorted according to the socioeconomic indicator value, from the most advantaged to the most deprived regions.
2. Regions are grouped into five groups taking into account population size of each region, resulting in 5 groups of regions with approximately the same population size.
3. Population weighted averages are calculated for the socioeconomic status indicator and all other indicators of interest for each group (quintile) of regions.
4. The population weighted average of the most advantaged (Q1) group of regions is used as benchmark – target value.
5. For each region, the absolute difference between the value of the indicator in the region and the target “Area Target Difference” and the relative difference between the regional value and target “Area Target Ratio” (in %) are calculated. Similarly, quintile target difference and quintile target ratio are also computed.

The calculation of composite indicators is illustrated below in Table 1.
<table>
<thead>
<tr>
<th>Area</th>
<th>Socio economic status (SES) indicator - e.g. % population with high education</th>
<th>Population</th>
<th>% of total population</th>
<th>Cumul. % of total population</th>
<th>Weight within quintile (% of quintile population)</th>
<th>SES indicator PWA for quintile (H)</th>
<th>Indicator e.g. mortality rate</th>
<th>Area-Target difference (absolute inequality)</th>
<th>Quintile-Target difference (absolute inequality)</th>
<th>Area-Target ratio (relative inequality)</th>
<th>Quintile-Target ratio (relative inequality)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Most adv</td>
<td>Region 1</td>
<td>50.1</td>
<td>4,952,100</td>
<td>6.37%</td>
<td>6.37%</td>
<td>31.30%</td>
<td>75.0</td>
<td>-2.1</td>
<td>0.0</td>
<td>97.27%</td>
<td>100.0%</td>
</tr>
<tr>
<td></td>
<td>Region 2</td>
<td>49.0</td>
<td>4,648,000</td>
<td>5.98%</td>
<td>12.36%</td>
<td>29.38%</td>
<td>76.8</td>
<td>-0.3</td>
<td>0.0</td>
<td>99.61%</td>
<td>102.46%</td>
</tr>
<tr>
<td></td>
<td>Region 3</td>
<td>48.1</td>
<td>6,222,300</td>
<td>8.01%</td>
<td>20.37%</td>
<td>39.33%</td>
<td>79.0</td>
<td>1.9</td>
<td>111.54%</td>
<td>112.9%</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Region 4</td>
<td>45.8</td>
<td>4,598,888</td>
<td>5.92%</td>
<td>26.29%</td>
<td>32.11%</td>
<td>86.0</td>
<td>8.9</td>
<td>112.84%</td>
<td>112.9%</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Region 5</td>
<td>43.0</td>
<td>4,700,109</td>
<td>6.05%</td>
<td>32.34%</td>
<td>32.82%</td>
<td>87.0</td>
<td>9.9</td>
<td>112.84%</td>
<td>112.9%</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Region 6</td>
<td>40.6</td>
<td>5,023,315</td>
<td>6.47%</td>
<td>38.80%</td>
<td>35.07%</td>
<td>88.0</td>
<td>10.9</td>
<td>114.13%</td>
<td>114.13%</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Region 7</td>
<td>38.8</td>
<td>3,921,040</td>
<td>5.05%</td>
<td>43.85%</td>
<td>26.29%</td>
<td>90.1</td>
<td>13.0</td>
<td>116.86%</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Region 8</td>
<td>37.8</td>
<td>4,648,000</td>
<td>5.98%</td>
<td>49.83%</td>
<td>31.16%</td>
<td>92.3</td>
<td>15.2</td>
<td>119.71%</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Region 9</td>
<td>36.8</td>
<td>6,348,000</td>
<td>8.17%</td>
<td>58.00%</td>
<td>42.56%</td>
<td>87.0</td>
<td>9.9</td>
<td>112.84%</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Region 10</td>
<td>35.0</td>
<td>5,722,300</td>
<td>7.37%</td>
<td>65.37%</td>
<td>31.22%</td>
<td>90.5</td>
<td>13.4</td>
<td>117.38%</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Region 11</td>
<td>34.4</td>
<td>6,598,888</td>
<td>8.49%</td>
<td>73.86%</td>
<td>36.00%</td>
<td>95.5</td>
<td>18.4</td>
<td>123.86%</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Region 12</td>
<td>33.0</td>
<td>6,010,109</td>
<td>7.74%</td>
<td>81.60%</td>
<td>32.79%</td>
<td>98.6</td>
<td>21.5</td>
<td>127.88%</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Region 13</td>
<td>32.9</td>
<td>3,992,100</td>
<td>5.14%</td>
<td>86.74%</td>
<td>27.92%</td>
<td>99.9</td>
<td>22.8</td>
<td>129.57%</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Region 14</td>
<td>32.4</td>
<td>4,648,000</td>
<td>5.98%</td>
<td>92.72%</td>
<td>32.51%</td>
<td>97.4</td>
<td>20.3</td>
<td>126.33%</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Region 15</td>
<td>33.4</td>
<td>5,656,534</td>
<td>7.28%</td>
<td>100.00%</td>
<td>39.57%</td>
<td>99.5</td>
<td>22.4</td>
<td>129.05%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>Most deprived</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Abbreviations used**
- SES: Socio Economic Status
- PWA: Population Weighted Average

**Calculations**
- SES indicator PWA for quintile (H) = \( A1 \cdot G1 + A2 \cdot G2 + A3 \cdot G3 = 49.0 \)
- Indicator PWA for quintile (J) = \( G1 \cdot I1 + G2 \cdot I2 + G3 \cdot I3 = 77.1 \)
Given the diverse and large number of variables available, to allow for more specific analyses, the atlases of social health inequalities are grouped into thematic categories by either health outcomes or population groups. Below are the two examples prepared for the project:

1. **Avoidable mortality** atlases, by socio economic variable, and
2. **Child health** atlases, by socio economic variable

In each of these categories, six atlases, one for each of the following socioeconomic indicators are available:

1. Income of households - Disposable income, net (uses) - Purchasing power standard based on final consumption per inhabitant (PPS are country averages)
2. Percentage of population by highest level of education attained - Pre-primary, primary and lower secondary education - levels 0-2 (ISCED 1997)\(^3\) - Both sexes - Between 25 and 64 years
3. Percentage of population by highest level of education attained - Tertiary education - levels 5-6 (ISCED 1997) - Both sexes - Between 25 and 64 years
4. Unemployment rates by sex and age - 25 years and over - Both sexes
5. Long-term unemployment (12 months and more) - Long-term unemployment rate (on total unemployment)
6. Infant mortality rate (as an indirect measure of overall human development)

The full list of indicators in the social health inequalities atlases (related to **avoidable mortality** and **child health**) is provided in **Annex 3b** and **3c**.

---

4.2 Getting Started with Atlases of Social Health Inequalities

Once you click the link to open the dynamic reports for selected indicator of either *Amenable Mortality Atlases* or *Child Health Atlases*, different components will appear as shown in Figure 19. The indicator selected by default in either atlas is the socioeconomic variable used for grouping regions into quintiles.

Figure 19: Social Health Inequality Atlas

The atlas of social health inequalities has the same global features as described in earlier sections (Part-II) of this manual. In this new report, you will also see a bar *Chart* and two data *Tables* which will be explained further in the coming sections.
4.3 **Bar chart**

You will see the ranked bar chart shaded according to the legend, that is, by the selected indicator. Moving the mouse pointer over the bar chart displays comparison values for the selected regions (Figure 20).

![Figure 20: Ranked Bar Chart](image)

With the mouse pointer over the bar chart, clicking on any bar chart will automatically highlight the data (in the Table) and its geographic location (in the Map) for selected bars. You can select single or multiple bars by holding Ctrl key and clicking on desired bars.

4.4 **Data Tables**

In the columns of Table you will see Name (of geographic location), Value and Group. Here value represents the selected indicator (e.g. life expectancy at birth – both sexes) whereas group refers to quintiles of the socioeconomic indicator in which this region falls. This provides a first glance on whether the regions with the highest life expectancy (or other indicator as selected) are also the ones with the least deprived socioeconomic condition (following the example, the 20% highest values of disposable income).

![Table example](image)

There will be another, smaller, Table below the legend where you will see Group Name and Indicator value columns along with colour codes for groups. Here the groups are presented from least deprived to most deprived quintiles. Thus, Group 1 refers to the top 20% of the population who
are least deprived (or better off) based on the socioeconomic variable chosen (e.g. disposable income of households). The value in the indicator column (e.g. 80.8 for Group 1) shows the population weighted average life expectancy at birth – both sexes for the respective groups (quintiles). In this case, the least deprived group has on average a 5.6 years longer life expectancy compared to the most deprived group, whose average is 75.2 years.

You can highlight the socioeconomic group thresholds, by clicking on the group name. This will draw a cut off line in the bar chart. In the illustration below (Figure 21), you can see a cut-off line in the bar chart when Group 4 is selected.

**Figure 21: Socioeconomic group average threshold for the selected indicator**

![Figure 21](image)

To facilitate the interpretation of health differences between socioeconomic groups, the atlas also includes absolute and relative differences between the value in a region or group of regions and a target value, that is defined as the average in the most favourable quintile. The indicators of absolute or relative differences are referred to as Area Target Difference or Area Target Ratio, respectively. To continue with the example on life expectancy for both sexes, you need to use the Data button and select the indicator; the Title should now look like this: **Area Target Difference - Life expectancy >> At birth - Both sexes**.

Note that the Map appearance will not change but there will be changes in the values of the Legend and Tables and scale of the bar Chart showing negative values (Figure 22). In addition, you will see that the average difference of Group 5 in relation to Group 1 is -5.6 years (as mentioned above), but there are regions in Group 5 that are farther below (down to -9.9 years), indicating the presence of important life
Differences between socioeconomic groups can also be displayed as ratios.

This time, the example involves avoidable mortality (e.g. certain preventable causes of deaths occurring before the age of 65 years of age) for both sexes and all causes combined. The report **Title** should look like this: **Area Target Ratio – Amenable mortality - Both sexes - 0-64y >>> Amenable causes of death (02, 11, 17, 18, 27, 34, 36, 38, 39, 43, 50 and 54)**. The resulting **Legend** shows the quintile classification scheme with a large range of values starting at 63.1 and ending at 408.6 (
Figure 23). These values mean that there are regions where the amenable mortality rate is as low as two thirds as that of the target (Group 1 average) or four times higher than the target. Moreover, the socioeconomic group figures in the Table and the bar Chart show a non-monotonic distribution of target ratios, which are skewed towards the highest values in Group 5. The average value for Group 5 (223.4) indicates that amenable mortality is more than 100% higher (or two-fold) than in Group 1.
In the next example, we use a filter to compare the **EU-15** and the **EU-12** countries. Where do regional health inequalities appear to be more important? Review Figure 24 and Figure 25 below to analyse the results.
In a second example, try using other mortality indicators (e.g. by specific causes such as tuberculosis or Ischaemic heart disease) and select a filter to analyse the situation in the EU-12 countries or in Germany. What can you conclude about health inequalities in these areas?
Regional Profile Comparison Atlas allows quick comparison of several key indicators in a selected region with respect to the whole NUTS2 regions distribution or between two selected regions and the regional average. In other words, it gives you a cross-sectional view across multiple indicators for any two regions. The indicator values are standardized so that they can also be presented consistently within a spine chart. The indicators are grouped into logical categories.

Given that the interest is to provide fast access to data to compare regional health systems, this atlas only includes a selected number of variables under the following categories:

1. Socio Economic Indicators
   a. Unemployment rates by sex and age - 25 years and over - Both sexes
   b. Percentage of population by highest level of education attained - Pre-primary, primary and lower secondary education - levels 0-2 (ISCED 1997) - Both sexes - Between 25 and 64 years
   c. Percentage of population by highest level of education attained - Tertiary education - levels 5-6 (ISCED 1997) - Both sexes - Between 25 and 64 years
   d. Income of households - Disposable income, net (uses) - Purchasing power standard based on final consumption per inhabitant
   e. Long-term unemployment (12 months and more) - Long-term unemployment rate (on total unemployment)
   f. Infant mortality rate

2. Health System Resources
   a. Hospital beds (HP.1) by region – Available beds in hospitals (HP.1) – per 100,000 inhabitants
   b. Health personnel by region – Physicians or doctors – per 100,000 inhabitants
   c. Health personnel by region – Nurses and midwives – per 100,000 inhabitants

3. Mortality
a. Standardized death rate - Amenable causes of death (02, 11, 17, 18, 27, 34, 36, 38, 39, 43, 50 and 54) – Less than 65 years – females
b. Life expectancy - at birth - males
c. Life expectancy - at birth - both sexes
d. Standardized death rate - All causes of death - all ages – females
e. Standardized death rate - All causes of death - all ages – males
f. Standardized death rate - All causes of death - all ages - both sexes
g. Life expectancy - at birth - females
h. Standardized death rate - Amenable causes of death (02, 11, 17, 27, 34, 36, 38, 39 and 54) - Less than 65 years – males
i. Standardized death rate - Amenable causes of death (02, 11, 17, 18, 27, 34, 36, 38, 39, 43, 50 and 54) - Less than 65 years - both sexes
j. Crude death rate - total All causes of death (A00-Y89) - less than 15 years - females
k. Crude death rate - total All causes of death (A00-Y89) - less than 15 years - both sexes
l. Crude death rate - total All causes of death (A00-Y89) - less than 15 years – males

4. Hospitalisations
   a. Standardized hospitalisation rate - c0000 All causes (A00-Z99 (excluding V, W, X and Y codes)) - less than 75 years - both sexes
   b. Standardized hospitalisation rate - c000e All causes (A00-Z99 (excluding V, W, X and Y codes)) excluding 'healthy newborn babies' (Z38) - less than 75 years - both sexes

For detailed description of the indicators, please see Annex 3d.
5.1 Getting Started with Regional Profile Comparison Atlas

Once you open the **Regional Profile Comparison Atlas**, you will see the dynamic report window as shown below in **Figure 26**.

**Figure 26: Regional Profile comparison atlas**

The components and the navigation in this type of Atlas are similar to the ones described before. However, you will find two new components of dynamic report in this atlas: the Pie and Spine **Charts**.

5.2 Pie Chart

The pie chart shows the proportion of regions and their value ranges in each quintile class. Moving the mouse pointer over the chart will display the value in each class. In the illustration below (**Figure 27b**), it displays 4.7 – 5.3: 18.5%. This means that the
value of the selected slice of pie ranges from 4.7 to 5.3, which is 18.5% of the total regions. You can define the number of classes from **Legend Options**.

**Figure 27: Pie chart**

You can click on the slice (**Figure 27c**) to select the regions. Clicking on the slice instantly shades the **Map** according to the legend colour as well as displays the values of selected slice on the **Spine Chart**.

**Figure 28: Features in the slice**

5.3 **Spine Chart**

**Spine Chart** gives you at a glance an assessment of cross-indicator area profiles as shown below.
Figure 29: Spine chart

In the spine chart, you will see the indicators, geographic area, and value of the respective indicator along with a comparison chart. For illustration purposes, if we take one indicator e.g. *life expectancy – at birth – females*, you will see the following:

- **Indicator:** Life expectancy - at birth - females
- **Area:** AT 21 Kärnten
- **Value:** 83.7 years
- **Comparison:**

  ![Comparison Chart]

<table>
<thead>
<tr>
<th>Legend</th>
<th>1q</th>
<th>2q</th>
<th>3q</th>
<th>4q</th>
<th>5q</th>
</tr>
</thead>
<tbody>
<tr>
<td>Value</td>
<td>75.8</td>
<td>86.0</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

In the above comparison chart, you will see 5 quintiles (each shown with respective colours; which can be seen in the legend (at the bottom) of the Spine Chart window. Note that depending on the type of indicator, the sequence of colours changes, although for same indicators (such as health care resources available) the “optimal” may not be found at one of the end-points of the interval. Putting the mouse pointer over the graph will display the quintile information (e.g. 5q: 75.8—80.6). The values 75.8 and 86 shown in the graph represent minimum and maximum figures for the indicator (*female life expectancy at birth*), respectively, and represents the background against which a region is compared.
The bar in the middle of the spine chart represents the value for the region AT 21 i.e. 83.7 years. This region is relatively well positioned since its value is above 60% of all other regions (light green).

If used systematically, this tool can be used to identify priority regions where many conditions or indicators of diverse health dimensions are in the “red zone”, suggesting more unfavourable situations. Scroll the vertical bar if not all the indicators can be viewed within the spine chart dimensions.

**Update Map and Charts**

Clicking on a given indicator in the *Spine Chart* window will instantly update the displays on the *Map*, bar and pie *Charts*.

**Area Profile**

If you want to see the situation of a particular geographic area regarding all available indicators, just select the area from the map (*Figure 30*), and the spine chart will display the profile of the selected area.

*Figure 30: Area profile (N004 - Agder og Rogaland)*

Holding Ctrl key and clicking on geographic area (regions) in the map will allow you to select and compare 2 regions. You can instantly observe the changes in the Bar chart, pie chart as well as in Spine chart.
Dynamic Linkages

There are dynamic linkages or brushing between the components in Regional Profile Comparison atlas. This means that if you select any value in one component (for example in a map) all other components will be updated.

5.4 New Buttons in Regional Profile Comparison Atlas

In addition to the above mentioned features, you will find two more buttons in this atlas.

Clicking on the Table button will display data Table instead of the Map (Figure 31). You can sort columns by clicking the header. Data for each geographic region is linked to notes for each map feature. Re-clicking on will hide the Table and show the default thematic Map.

Figure 31: Table button function

Finally, although it is not implemented yet, the Atlas allows to show time trends of selected indicators when the Time button is clicked, replacing the bar Chart with quintile distribution of indicators. Please note that the time button is currently not in use, as the Atlases in their current version have no time series available.
There are additional generic window functions to modify the properties in the Atlases. Every time you move the cursor over the upper right corner of a Legend, Map, Table or Chart window, you will see the following toolbar with drag, resize and close functions. These allow changing their position and appearance.

6.1 Dragging Windows

By clicking and holding on Drag icon you can drag (move) Legend, Map, Tables or Charts windows at your desired location.

6.2 Resizing Window (Maximize and Restore)

You can maximize the Legend, Map, Tables or Charts windows by clicking on Maximize icon. You may also change the window to a desired size by moving the cursor to a side or corner and dragging the arrows in the appropriate direction.

Moreover, you can restore the respective window by clicking on the Restore Down icon, which is displayed when moving the cursor to the top right corner of a maximized window.

6.3 Closing Windows

To allow further organization of the report, you can even close the Legend, Map, Tables or Charts windows by clicking on Close icon. If you wish to re-open a closed window, you can choose Reset Layout from Context Menu (see below 6.4). All components are visualized in the original way as when the atlas was loaded for the first time.
6.4 **Context Menu**

When you click with the mouse right button anywhere over the **Legend, Map, Tables, Charts** (Scatter Plot, Pie/Bar/Spine Chart) or in the **Dynamic Report**⁴, a **Context Menu** will appear as shown in **Figure 32**. This menu allows you to do the following:

- Clear a selection
- Filter based on the active selection
- Remove a filter
- Reset the report layout
- Print report
- Export the report

**Reset Layout**

You can choose this option to bring back all active windows to their original state (dynamic report with **Legend, Map, Tables and Charts**).

**Filter a Selection**

After applying a selection in a window (**Legend, Map, Table or Chart**) by clicking on **Filter Selection**, you can further display regions using same classification criteria (e.g. quintile) to the selected group. Where as clicking on **Clear Filter** clears all the filters applied.

**Print Preview**

This allows you to print **Tables, Charts, Legend, Map** or even **Full Screen**. You can print the object as vector or bitmap (**Figure 33**). In addition, you can include buttons, images or background.

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⁴ A dynamic report is the overall window display where elements are dynamically interrelated: e.g. if a region (or group of regions) is selected in a map, chart, table or legend they are shown with a distinct colour in each of the window components.
Figure 33: Print preview window

Export Options

This option allows you to export the Full Screen, Table, Scatter Plot, Legend or Map to JPEG or PNG format. You can find the exported object with the given filename in the location you have chosen on your local/external hard drive.

i For further explanations on terminology, see for example the list of Key Terms from Whitehead M & Dahlgren G. Levelling up (part 1): a discussion paper on concepts and principles for tackling social inequalities in health. WHO, 2006.